



# Manager consultations

## Support for people leaders.

24/7 access to confidential advice and guidance to help managers, supervisors, and people leaders deal with sensitive employee and workplace situations.

Dealing with sensitive employee and workplace situations can challenge you as a people leader. Let your TELUS Health Employee Family Assistance Program (EFAP) help with confidential and professional guidance for any situation you may face.

### How it works.

Manager Consultations are confidential and available 24/7. You will interact with an EFAP counsellor that will listen and help you manage through a situation you may not know how quite to handle. Together, you will explore options, brainstorm solutions, and work on action plans.

### How to access Manager Consultations 24/7:



Call the EFAP Care Access Centre.



Visit the EFAP portal and request for a call back via First Chat.

### Let Manager Consultations help you with:

- Disruptive or inappropriate behaviour
- Emotionally sensitive employees
- Difficult personalities
- Concerning appearance
- Personal hygiene
- Harassment or violence
- Expression of suicidal thoughts
- Illness or medical conditions

Take the first step toward resolving your team or people issue with help from your EFAP. For immediate assistance, contact us.

1-844-336-3136  
[www.workhealthlife.com](http://www.workhealthlife.com)